

2009-2010 RCHS WRESTLING SCHEDULE

DATE	OPPONENT	SITE	WEIGH-IN/ WRESTLE
Nov. 6	Stone Scrimmage	Stone Memorial	5:00/6:00
Nov. 14	Cumberland Scrimmage#	Cumberland Co#	8:00/9:00am
Dec. 2	Greenback*	Home (in-school)	1:00/2:00
Dec. 3	Walker Valley*	Walker Valley	5:00/6:00
Dec. 5	Ooltewah Tourney	Ooltewah	7:00/8:00am
Dec. 8	Bradley* and Heritage*	Home	5:00/6:00
Dec. 12	Tullahoma Duals	Tullahoma	8:00/9:00am
Dec. 15	Stone*	Home	5:00/6:00
Dec. 22	Hixson Duals	Hixson	TBA
Dec. 30	Baylor Invitational	Baylor	11:00/12:00
Jan. 5	Cookeville and Oakland	Cookeville	5:00/6:00
Jan.7	Tyner*& Cleveland*	Home	5:00/6:00
Jan. 12	Stone* and C.A.K.	Stone Memorial	5:00/6:00
Jan. 13	Greenback*	Greenback	1:00/2:00
Jan. 19	Cumberland Co* and Alcoa*	Cumberland Co.	5:00/6:00
Jan. 26	McMinn Co*/ McMinn Cent*/ Kingston*	McMinn Co.	5:00/6:00
Jan 29	Region Duals	District Champs	TBA
Feb 5-6	State Dual Championships	TBA	TBA
Feb. 12-13	Region Championships	Alcoa	TBA
Feb. 18-20	State Tournament	Franklin Ag Center	TBA

All Times Eastern Time Zone * Region opponents

Freshman / Jr. Varsity

DATE	OPPONENT	SITE	WEIGH-IN / WRESTLE
Nov. 6	Stone Scrimmage	Stone	5:00/6:00
Nov. 14	Cumberland Scrimmage	Cumberland Co.	8:00/9:00am
Dec. 4	Ooltewah Tourney	Ooltewah	3:00/4:00
Dec. 21	Freshman Cleveland Tourney	Cleveland	8:00/9:00am
Dec. 28	J.V. and Girls Tourney	Cleveland	8:00/9:00am
Dec. 30	Baylor Tourney	Baylor	11:00/12:00
Jan. 30	J.V. / Fresh/ Girls Tournament	Rhea Co.	8:00/10:00
Feb. 9	J.V. Champ. Tournament	Region 4	4:00

J.V. will have opportunities to wrestle exhibition matches at Varsity matches

Principal: Jesse Messimer

Athletic Director: Jesse Messimer

Head Coach: Lincoln Head

Assistant Coaches: Barry Kauffman, Colin Bryant,
Hunter Daniels